

# CROSSROADS CARNEGIE ART CENTER

Class Schedule

Winter 2009

## WINTER 2009 SCHEDULE OF CLASSES

### Cooking

#### **VEGAN & ALLERGY FRIENDLY COOKING**

*Instructor:* Carly Carlson

*Start date:* January 6, February 3 and March 3

*Time:* 7:00pm

*Minimum number of students:* 4

*Location:* Upstairs Studio

*Cost:* \$20 for Members/\$25 for non members

*Course Description:* Allergy Friendly, a cooking & baking demonstration course. Learn how to make your favorite recipes allergy friendly. Focus on dairy, egg & nut allergies. January will be gourmet muffins and cookies. February will be appetizers for entertaining. March will be a main dish. Come hungry!

Carly has many recipes from her own practical experience of being both egg and dairy allergic. While Carly has never had to work gluten free, this would be a great class for folks to share all sorts of creative ways to make fun, nutritious and healthy foods for folks with a wide variety of food based allergies.

### Pottery



#### **BEGINNING WHEEL THROWING**

*Instructor:* Corrine Vetger

*Start Date:* January 12 – February 16

*Time:* Tuesdays 5:30 – 8:30pm

*Minimum number of students:* 5 maximum: 6

*Location:* Pottery Studio,

*Cost:* \$65 members/\$75 nonmembers

*Special notes:* Lab fee includes clay, firing and glaze – should not exceed \$25.00, depending on the individual project. You will also need to purchase a tool kit (\$10.00 available at Crossroads)

*Course Description:* Want to learn how to throw on a wheel? This class is for you! Learn to wedge, center, and throw a few simple forms along with learning glazing and decorating techniques. Class includes free usage of Wednesday Night Open Pottery Studio for extra project time if needed. Note: February 16th is a mandatory class, as the class will do glazing and no makeup time will be available.

#### **OPEN POTTERY STUDIO WITH GENE**

*Instructor:* Gene Yates

*Start date:* Wednesday January 6 (every Wednesday Night)

*Time:* 6:00pm – 9:00pm

*Location:* Pottery Studio

*Cost:* Purchase a monthly pottery studio pass for \$20.00 or a Quarterly pass for \$30.00. All students signed up for a Fall Pottery Class get free use for independent practice time.

*Course Description:* Pottery Committee Chairman, Gene Yates will have the pottery studio open to anyone wanting to work on

a pottery project. All students are asked to help with set up and clean up. Great time to Work Independently.

First Wednesday of Every month the studio is open to anyone for free to take a tour of the facilities, become familiarized with tools, clays, glazes and supplies available at Crossroads.

#### **BEGINNING HANDBUILDING**

*Instructor:* Mary Sue Rightmire

*Start date:* January 7 – January 28 (Thursday & Saturdays)

Thursdays: 6:30 – 8:30pm & Saturdays 1:00 – 3:00pm

*Minimum number of students:* 5

*Location:* Pottery Studio

*Cost:* \$65.00 members/\$75.00 for nonmembers

*Special notes:* \$25 lab fee includes 25 lbs. of clay and firing.

*Course Description:* Beginning handbuilding is for people with no previous experience in clay as well as for those who have some but would like to learn a few new techniques. Besides basic pinch, coil and slab pots you will learn to use the extruder. I will also include some decorating techniques that are employed while making the pots, such as the use of colored slips and clay inlay techniques.

### Movement



#### **TRIBAL BELLY DANCING**

*Instructor:* Tymmera Whitnah

*Start date:* January 5, February 16, March 30  
(6 weeks-Ongoing)

*Day, time:* Tuesdays

*Advanced:* 5:30 – 6:30pm

*Beginners:* 6:30 – 7:30pm

*Session 1:* January 5, 12, 19, 26, February 2, 9 (6 weeks)

*Session 2:* February 16, 23, March 2, 9, 16, 23 (6 weeks)

*Session 3:* Beginning March 30

**\*\*PLEASE NOTE CHANGE...**

*Call in advance to verify class times:* Minimum 3 students per class required.\*\*

*Location:* Upstairs ballet studio

*Cost:* \$40 (member); \$50 (non-member) \$8.00 for Drop Ins

*Note:* Minimum 3 students

*Class Description:* This dance is believed to have originated in the temples of India. We learn movements ranging from sharp & rhythmic to soft and flowing. Putting these together not only challenges us, but is exhilarating. This class creates a supportive environment that emphasizes movement, community and self-acceptance.

Tymmera has studied this dance under Gypsy Caravan in Portland, OR since 1999, and various teachers from across the globe. She's taught at Crossroads since 2002 and opened her home studio, "The Flying Camel" in Richland, OR in 2003.

Bring a friend because Tribal-style means group or community where we dance together and share the energy and beauty we've created. All ages, sizes, shapes and color welcome. Wear loose, non-restrictive clothing and bare feet. Long flowing skirts and tons of jewelry optional.

## TAI CHI 24 FORM SET

*Instructor:* Ben Titus

*Start date:* January 4 – February 11 (Monday & Thursday)

*Time:* 5:30 – 6:30pm

*Minimum number of students:* 4

*Location:* Upstairs Studio

*Cost:* \$40 member / \$45 nonmember / \$30.00 for returning

*Course Description:* Tai Chi is an ancient form of Chinese exercise. It develops awareness in the body that increases balance, reduces stress, increases blood and lymph circulation tones the muscles and increases overall health. The 24 form set will be taught in this class. It is by far the most popular set practiced across the world. 24 different movements comprise the set. It takes about six minutes to complete once learned and can be practiced virtually anywhere and anytime.

*Special Notes:* Please wear loose fitting clothing

**BEN TITUS, INSTRUCTOR**

Ben has a Master's Degree in Herblology and Natural Healing.

## CHI GUNG FOR HEALTH

*Instructor:* Ben Titus

*Dates:* February 15 – March 25

*Time:* Monday & Thursdays 5:30 – 6:30pm

*Minimum number of students:* 4

*Location:* Upstairs Studio

*Cost:* \$40 for members, \$45 for non-members, \$30 for existing students

*Course Description:* Chi Gung can be described as energy work using body movements, breathing and visualization to circulate chi throughout the body. Students will be able to use the techniques taught in this class to improve their health, breathing and flexibility.

*Special Notes:* Wear comfortable clothing

**BEN TITUS, INSTRUCTOR**

Ben has a Master's Degree in Herblology and Natural Healing.

## LEARN TO FENCE!

*Start date:* January 11 – February 15 (6 Weeks)

*Time:* Mondays, 4:00 – 6:00pm

*Instructor:* Maestro Ryc Rienks

*Location:* Downstairs

*Cost:* Intro, 6 classes for \$30/\$40(member/non-member); a missed class may require restarting the sequence. On graduation, students move on to continuing status.

Continuing Students, \$25/\$30 per month (member/nonmember) enter as "Preps" and advance in rank with continuing study and training.

Walk-in Students, \$20/\$25 for 4 days per month. The easiest way to start in the program. Minimal instruction begins with footwork. No weapon in hand until student satisfactorily demonstrates basic movements as specified by maestro.

*Class Description:* Lessons in classical fencing with Foil will strengthen your knees, introduce you to some fine people, and let you jab at them with a sword. Introductory class includes use of equipment and a handbook. Continuing fencing with foil and saber is available for experienced fencers (after testing) and our graduates.

**RYC RIENKS, INSTRUCTOR**

Maestro Rienks started teaching martial arts at age 15, moved on to fencing in 1981 and was the founder of "Esgrima Vallarta" a fencing Salle in Puerto Vallarta, Jalisco, Mexico prior to coming to Baker City. Maestro Rienks, director of the Baker City Blades, can be contacted at ALSiratPub@aol.com.

## Fine Art

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### INTRODUCTION TO SLR PHOTOGRAPHY

*Instructor :* Carly Carlson

*Start date:* January 2 (Every 1st and Third Tuesday) 6 classes

*Time:* 7:00 – 8:30pm

*Minimum number of students:* 4

*Location:* Downstairs Studio

*Cost:* \$150 for members/\$160 for nonmembers

*Equipment Needed:* SLR Camera or Digital SLR Camera

*Course Description:* This is a 6 class course covering the basics of digital SLR photography. Carly will go over essential information on exposure and lighting and will enable the student to shoot in manual mode by the end of the course. Lecture combined with hands on learning and assignments to ensure retention of course material. One on one help as needed.

**INSTRUCTOR: CARLY CARLSON**

www.carlycarlson.com

### ADULT OPEN STUDIO

*Instructor:* Paul Hoelscher

*Start date:* Friday January 8 (OK to join any time!)

*Age:* 18+

*Location:* Downstairs Studio

*Cost:* \$15 per session, or 4 sessions for \$50

*Class Description:* Come to the Art Center to learn and refine artistic skills of your choice with the encouragement and practical experience of artist/instructor Paul Hoelscher. The goal of this class is to offer an ongoing studio opportunity for people interested in any art medium or technique. Come and be around other creative people taking time to be artistic. There are often three or four different media being applied within the same small group, and this creates a supportive and inspiring experience. Paul's versatility will be encouraging in whatever medium interests you. Give yourself some really positive art time and join us!

**PAUL HOELSCHER, INSTRUCTOR**

Paul is working as an Artist in Residence here in Baker City with a degree in Art. Paul was also recently featured on Oregon Art Beat.

### LEARN TO LOVE WATERCOLOR & PASTEL

**(NEW FORMAT!)**

*Instructor:* Becky Litke

*Start date:* January 6

*Time:* Wednesdays, 7:00 – 9:00pm

*Session 1:* January 6, 13, 20, 27

7:00 – 7:30pm – Learn Composition

7:30 – 9:00pm – Open Painting

*Session 2:* February 3, 10, 17, 24

7:00 – 7:30pm – Learn to Frame

7:30 – 9:00pm – Open Painting

*Session 3:* March 3, 10, 17, 31

7:00 – 7:30pm – How to Sell Your Art

7:30 – 9:00pm – Open Painting

*Location:* Downstairs

*Cost:* \$13.75 per class

\$50 member; \$55 non-member for a month

1 Month is 4 sessions-fees due on the last session of the month.

*Class Description:* In January I will discuss what elements to put in a painting, what to leave out, How to use photos as a reference, how to position subject matter on painting paper surface for the best visual impact. How to pick the proper size paper for the subject matter depicted.

In February, I will demonstrate how to do some framing at home, to cut down on cost of framing. I will discuss products available locally to assist with framing. I will take students through steps including care of paper, matting, frames that complement painting.

In March I will discuss outlets for students to sell art, including local business, art in parks, and the internet & of course local galleries. Also will discuss how to determine which pieces of art they produce have the best appeal to a large audience, therefore worth the investment to reproduce on note cards & prints.

#### REBECCA MANCINO LITKE, INSTRUCTOR

Becky has studied under several well known artists and instructors and is an active artist herself. She has been instructing watercolor classes at Crossroads for many years.

## Kids



### BALLET 10 YEARS +

*Instructor:* Debbie Friedman

*Start date:* January 4 – March 11 (10 weeks)

*Time:* Monday & Thursday 4:15 – 5:30pm

*Location:* Upstairs Ballet Studio

*Cost:* \$60 member / \$65 nonmember

*Course Description:* What would Crossroads be if we did not have Debbie Friedman and Ballet? A pretty boring place indeed! This class is for anyone age 10 and above. As always, ballet training for your children and teens with heart, caring and a smile; a rigorous class focusing on good solid technique.

DEBBIE FRIEDMAN, INSTRUCTOR

### BALLET FOR 4-5 YR OLDS

*Instructor:* Debbie Friedman

*Start date:* January 5 – March 9 (10 weeks)

*Time:* Tuesdays 4:15 – 5:15pm

*Minimum number of students:* 5

*Location:* Upstairs Ballet Studio

*Cost:* \$60 member / \$65 nonmember s

*Course Description:* This class will introduce students to rhythm, movement, musicality and preliminary ballet skills. A Crossroads Favorite!

DEBBIE FRIEDMAN, INSTRUCTOR

### BALLET AGES 6-9

*Instructor:* Debbie Friedman

*Start date:* January 6 – March 10 (10 weeks)

*Time:* Wednesdays 4:15 – 5:15pm

*Location:* Upstairs Ballet Studio

*Cost:* \$60 member / \$65 nonmember

*Course Description:* What would Crossroads be if we did not have Debbie Friedman and Ballet? A pretty boring place indeed! This class is for anyone Ages 6-9. As always, ballet training for your children with heart, caring and a smile; a rigorous class focusing on good solid technique and the basics of ballet movement.

DEBBIE FRIEDMAN, INSTRUCTOR

### CLOGGING (AGES 7-9)

*Instructor:* Meghann & Maddie Davidson

*Start date:* January 7 from 4:00 – 5:00pm (Introduction to class, purchase shoes, and overview of the program.)

Dance Classes Start January 14 – April 8, 12 weeks ( No class March 25 – Spring Break)

Thursdays 4:00 – 4:45pm and Thursdays 5:00 – 5:45pm

Eight students per class

*Location:* Downstairs Studio

*Cost:* \$75.00 Members / \$80.00 Non members (12 weeks)

*Things to know:* Clogging Shoes will need to be purchased for approximately \$25.00 a pair. Gem State Cloggers will be at the first class to sell shoes. Students should wear: Comfy clothes, clogging shoes, no jeans and hair must be pulled away from face. Bring water.

*Course Description:*

Beginning clogging steps and the fundamentals of clogging. In this class, you will learn

- the basics of clogging
- a full dance
- play games
- have fun!
- finish the session with a performance for your parents!

Hi, I'm Maddie Davidson, 14 years old, and I've been clogging for 5 years. I started clogging at age 8 at the Novice Level and by age 13, I advanced to the Pro Level. I currently clog with Idaho Rhythm Dance Co. Each year, our team competes in 3 competitions between Feb-May and we finish the year with an annual grand finale event called the Clog Classic. I have also participated and assisted in teaching at various clogging camps. I have a passion for clogging and look forward to teaching you!

Hi, I'm Meghann Davidson, 17 years old, and I've been clogging for 7 years. I've been dancing on the Pro Team for 3 years and have competed in many competitions throughout Idaho and have qualified for the National Clogging Competition in Utah where our team has earned several overall awards. I think clogging is great exercise, teaches you about rhythm and the importance of self-discipline. I'm excited to share what I've learned with others!

*A Note from their Maddie and Meghann's Instructors:*

We have had the pleasure of having Meghann and Maddie be a part of this program since we began in 2005. Their performance will speak for itself and give them that credibility as dancers. If you question their ability to dance, we dare you to put them to the test and watch them dance! They are 2 of the best dancers in the Northwest.

We would like personally and professionally endorse the Davidson sisters as wonderful instructors. Despite their age, Meghann and Maddie are two of the most committed, responsible, and likable individuals we have the pleasure of working with. These attributes qualify them perfectly as fantastic instructors. They have helped teach our classes at our studio, and if they lived closer we'd be encouraging them to teach classes for us now! You will be thrilled with their enthusiasm, extensive knowledge, and ability to work with kids.

ROBBIE AND KARA WALKER, INSTRUCTORS  
Idaho Rhythm Dance Co.

## YOUNG ARTISTS' STUDIO

*Instructor:* Paul Hoelscher

*Start date:* Friday January 8 (ongoing--join any time!)

*Time:* 1:45 – 3:45pm

*Age:* 10 – 18 years

*Location:* Downstairs

*Cost:* \$15 per session, or 4 sessions for \$50

*Class Description:* Young people come to an open studio setting to learn and refine artistic skills with artists/instructor Paul Hoelscher. The idea behind this ongoing class is to help young people make art the way that most interests them, with an artists who believes that everyone is artistic and who has enough personal experience to be supportive of many media and techniques. Media include acrylic, oil, and watercolor paint, soft and oil pastels, charcoal, graphite, conté, colored pencil, and clay sculpture. Come and create – the sky's the limit!



### PAUL HOELSCHER, INSTRUCTOR

Paul is working as an Artist in Residence here in Baker City with a degree in Art. Paul was also recently featured on Oregon Art Beat.

## Special Events

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### EASTERN OREGON FLUTE CIRCLE

*Instructor:* Phillip Charette

*Start date:* January 12 & 26 (2nd & 4th Tuesday of the month)

*Time:* Tuesdays 6:00 – 8:00pm

*Location:* Downstairs Studio

*Course Description:* Learn how to play, make, trade, network with other flute players and perform with Native American Style Flutes. This flute circle is focused on learning and sharing techniques and playing tips.

*Cost:* Free of charge to Crossroads Members. Individuals are encouraged to come and join in. If you wish to join you are asked to purchase a membership to Crossroads. Please contact us at 523-5369 for prices or check online at [www.crossroads-arts.org](http://www.crossroads-arts.org)

### 2ND FRIDAY LITERARY NIGHT

**SPONSORED BY: BETTY'S BOOKS, WRITERS GUILD OF EASTERN OREGON AND CROSSROADS CARNEGIE ART CENTER**

*Contact:* Betty's Books at 523-7551 or Clair Button

*Start date:* January 8 (Every Second Friday of the Month)

*Time:* Second Friday 7:00 – 8:30pm

*Location:* Downstairs Studio

For More information contact Betty's Books at 523-7551

### BAKER COUNTY PHOTOGRAPHIC SOCIETY

*Hosted:* Scott Ungerecht, [scottu21072@yahoo.com](mailto:scottu21072@yahoo.com)

*Start date:* 4th Friday of Every Month

*Location:* Downstairs Studio

*Cost:* Free of charge to Crossroads Members. Individuals are encouraged to come and join in. If you wish to join you are asked to purchase a membership to Crossroads.

*Course Description:* For those interested in Photography....

The BCPS will meet on the 4th Friday of every month from 6:00pm – 8:00pm at the Crossroads Carnegie Art Center, which is located at 2020 Auburn Avenue in Baker City, Oregon.

*Visit for more details:*

[www.baker-county-photographic-society.blogspot.com/](http://www.baker-county-photographic-society.blogspot.com/)

## SCRAPBOOKING FUN WITH KATHY!

*Instructor:* Kathy Gover-Shaw, Creative Memories Consultant

*Events:* Every Second Sunday of the Month – 10:00am – 5:00pm

January 10

February 14

March 14

*Course Description:* Come join the fun! Open scrapbooking time for styles and types of scrapbooking with tables, chairs and tools available. Bring your own lunch and drinks. \$5.00 per person for the day.

### KATHY GOVER-SHAW, INSTRUCTOR

Kathy Gover-Shaw, Creative Memories Consultant and Area Manager for Eastern Oregon. Kathy has been "scrapping" for 7 years in Eastern Oregon.

## BMCC

**ART 116-65 BASIC DESIGN (3 CREDITS)**

**(A JOINT CLASS BETWEEN CROSSROADS AND BLUE MOUNTAIN COMMUNITY COLLEGE)**

*Instructor:* Jo Topholm

*Start date:* January 6 – March 19 (11Weeks)

*Time:* Monday 2:00 – 4:00pm, Wednesday 2:00 – 5:00pm

*Location:* Downstairs Studio

*Cost:* Contact Blue Mountain Community College

*Course Description:* For more details and class description please contact BMCC.

*Sign Up:*

BMCC

3275 Baker St Baker City, OR 97814

541-523-9127

## EOU

**THEATRE 110 INTRO TO ACTING FOR NON-MAJORS**

**(A JOINT CLASS BETWEEN CROSSROADS AND EASTERN OREGON UNIVERSITY)**

*Instructor:* Alice Lentz

*Dates:* Friday February 5 from 7:00 – 10:00pm

Saturday February 6 from 9:00am – 5:00pm

Sunday February 7 from 9:00am – 5:00pm

This three credit course is offered by Eastern Oregon University.

*Upon successful completion of this course, students will be able to:*

Demonstrate an understanding of practical acting skills.

Discuss basic theory and techniques of actor training.

Discuss the creative process for the actor.

Discuss basic elements of theater production.

We will work both as a group and individually to develop a better understanding of performance elements, and to help develop an appreciation for the theater and creative process. The student will gain further self-awareness, and contribute to each other's control of inhibition and distraction as well as growth as an artist. Practical applications of the course include: reflective listening skills, a variety of applications to enhance classroom lessons and gained confidence in presenting to a group.

Costs for this course are \$139 per credit plus \$20 Technology and Energy Surcharge. Textbook required, may be purchased at the EOU Baker County Center or online. All class hours must be attended to receive a passing grade. For more information contact Eastern Oregon University Baker County Center at 523-6822 or visit EOU online at [www.eou.edu](http://www.eou.edu).